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One of the relatives goes to the man who knows the ceremony. He says, "We have been unable to bring up our children. We need you to help us."

My relative sits there. He just makes some kind of sound in his throat first. Then he says, "Well, I'll do it. But I need a buckskin with a piece of turquoise [801] tied at the middle of the head and a yellow horse. Give two other things, anything you wish, just so it makes four, a set of four."

They get these things together and bring them to him, and the ceremony takes place.

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Once he has accepted the task, the shaman busies himself with the construction of the cradle. With prayers and ritual, oak, ash, or walnut is gathered for the ovate frame, and sotol or yucca stalk for the cross-pieces that will form the back of the cradle.

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For the back part of the cradleboard, the cross-pieces are of sotol if the cradle is for a boy, and of narrow-leafed yucca if it is for a girl. The sotol, which is jagged edged along the leaf, is called the boy, the "he"; the yucca is called the girl, the "she." These plants are brother and sister, we say.

This sex distinction, however, is not acceptable to all.

A canopy to shield the child's face is made of the stems of red-barked dogwood, mock orange, or Apache plume. A piece of ash connects the frame and the canopy, and ash or oak is used for the footrest. The bedding is of wild mustard, and a pillow of *Solanium trifolium* prevents excessive movement of the head. The buckskin covering for the frame is usually colored with yellow ocher. In the buckskin which covers the top of the canopy, symbols are cut which sometimes have sex value. The girl's cradle is usually decorated with a full moon or half-moon; the boy's cradle, with a cross or four parallel slits.

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Some feel that cradleboard materials may be prepared in advance but that, once actual construction has started, the work should be finished the same day. Others permit the outer frame to be made on one day and the cross-pieces and canopy on another. Still others have no strong conviction about the length of time to be allotted to the process as long as the cradle is ready when it is needed. It is assumed that all steps in the construction have been accompanied by prayers for the welfare and long life of the infant. The shaman ties protective amulets on the cradle—bags of pollen, turquoise beads, and pieces of lightning-riven wood.

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surprise ending by collapsing completely. Another represents the bow, and still another a house.

The children seldom attempt such adult pastimes as shinny, the stave games, and the moccasin game. They watch their elders play them, however, and become conversant with the principles involved.

THE CHILD AND HIS KIN

The social world to which the child is first introduced consists of a well-organized group of kin. The significant events of his life will be planned and made possible by his blood relatives. Should a person be wronged, his relatives act for him and with him; should he be accused, they shield him from vengeance. If a man dies with grievances unavenged, his relatives perpetuate his quarrel in a feud between families. It is they who have the responsibility of his death rites and who mourn for him.

Kinship is counted bilaterally, through the mother and through the father equally.[10] It is impossible to get any convincing assurance that one kind of relative is necessarily "closer" than another. The expressions on this point seem to be reflections of personal feelings rather than instances of the operation of any rule.

All blood relatives are supposed to be generous and loyal, and, in times of crisis, the appeal of a blood relative of any degree is difficult to ignore. Nevertheless, differences of age, sex, residence, and remoteness of connection become inevitably registered in patterns of behavior.

The parent-child relationship.—The parents take primary responsibility for the support, proper rearing, and ceremonial protection of their children. The influence of the child-parent bond is present in many forms of behavior. A man often begs for supernatural power, for "something to live by," because of the need of his children. One who makes a request for help, material or spiritual, greatly strengthens his plea if he supplicates in the

[10] For the kinship terms and a diagram of the kinship system see the Appendix.

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name of the child of the one he is addressing. In discussing anyone, great care is taken to say nothing critical or abusive concerning him before his parents or his children. One man told of a series of fights he initiated by uttering the remark, "Your father is messy around the ankles." He knew very well in advance what the consequences of that observation would be. In a Coyote story the trickster, after being skinned and jeered at for having a "red shirt," retaliates against his tormentors by shouting, "It's your father who has a red shirt!"

Despite the affection and regard which mark the parent-child relationship, it must not be forgotten that discipline and authority are the prerogatives of the father and mother. The daughter, especially, is conditioned to lifelong obedience to parental edicts.

Four terms, the equivalents of father, mother, son, and daughter, serve to express the parent-child relationship. The term for father can refer to no one else. The mother, likewise, is distinguished from her siblings. The parent-child terms differ from others of the kinship system in two particulars. First, they are not self-reciprocal; that is, the same term that is addressed to the son by the father cannot mean father when the son is speaking. Second, each term expresses one relationship only and is not extended to include collateral relatives.

Uncle, aunt-nephew, niece relationships.—Of tremendous importance in the child's life are the maternal uncle and aunt. The mother's sister is likely to be present at the child's birth. She may volunteer to nurse the baby if she has milk and the mother has not enough. She is a permanent member of the mother's extended domestic family. A girl will have intimate contact with this relative throughout life; a boy, at least until his marriage and departure from the encampment. In case the mother dies, this woman may be called upon to adopt or care for her sister's children. She may elect to marry their widowed father[11] and so become their stepmother. Or, since sororal polygyny is practiced, if she is younger than her sister, she may become the second wife of her sister's husband and, by a different route, attain the

[11] See pp. 421–25.

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605 If you hide from your cousin, then anything she has, whether it is money or
834 property, or anything else, she will give to you. You can't refuse a request from a person who hides from you. And it's the same for you if she needs anything.

[183] Since cousin avoidance is voluntary, where it will lead to complications or where the individuals concerned are likely to be thrown together constantly, it is seldom begun.

582 If marriage between cousins is prohibited, is it not difficult, in
602 view of the small population, for a young person to find a suit-
769 able mate? Sometimes this problem does arise, and young men have been known to journey far from their homes for the purpose of making contacts which could lead to marriage. That the issue does not become more serious is due to two factors: the mobility and extensive range of these people and their anxiety to eliminate all mention and memory of the dead. Because of the first factor, families, except for nuclear groups of very close kin, tend to move apart and lose contact with each other. And because the names and antecedents of the departed are seldom mentioned, connections between remoter kin are soon forgotten when the families are separated.

605 When circumstances warrant, the cousin avoidance may be
834 terminated and the more ordinary manner of behavior toward a
182 relative of this degree resumed. The details of the procedure are the same as those governing the abrogation of affinal avoidance.[15]

886 *Grandparent-grandchild relationships.*—The wish for long life
481 and old age is constantly expressed in prayer and ceremonial
•782 song. The staff on which the old person leans has become a symbol of this concept. As one commentator wryly observed: "They pray for the old age staff. They say, 'Let me be old, let me have the old age stick.' If you have the old age stick that means you have reached a long life. But when they get it, they don't like it."

888 It is considered a good omen if an old person blesses a child or
887 performs a ceremony over him, for even as this individual's pow-
[787] er and ceremony have preserved him to a ripe age, they may pro-
[852] tect the child for a generous time span. The same notion is pres-
[276] ent in the preparation of the first cigarette. "A person's first

[15] See pp. 174–75.

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868 I will continue to make you get up early in the morning just as
882 you do now, but you will have to do more than that. You will become a raid and war novice."

The term that has been translated here as "novice" denotes the status of a youth who is advanced enough in his training to enter the final phases of preparation for actual raiding. Some
[884] informants use the word only to refer to the participant in the four raid or war expeditions which elevate a youth to the full status of a warrior.

868 The initial training of the novice (using the word in the less
883 restricted sense) does not differ greatly from what has gone before:

> When I was a boy they began training me as a novice. To be a novice means that you cannot disobey but must train yourself as your elders say. . . . . Many a young boy at fourteen was as well trained and dangerous as a soldier.
>
> My father did his best to train me just as he had been trained when he was a young boy. He gave me all the ceremonial training he had once been through himself too. When I was ten or twelve years old he began to teach me and was very strict with me.
>
> He would say to me, "You must have your arrows and your bow where you can grab them. Keep your knife beside you. Have your moccasins ready. Be on the alert in peace or in war. Don't spend all your time sleeping. Get up when the morning star comes out. Watch for that star. Don't let it get up before you do." That is the kind of teaching a boy gets when he is a novice.

868 The reference to "ceremonial training" suggests that more
883 than purely practical measures are involved. The parents pray
782 for their son's success and future safety, and he may be taken to a
756 shaman whose ceremony is known to be of special benefit to novices. "The shaman prays that the boy may be free from
[787] harm. A yellow light shines on the boy's head. It follows the boy and makes a circle back to the shaman. That means that the boy will come back safely. The shaman smokes and sings."

868 "At about fourteen years of age the boy starts hunting with
883 the men." Usually an older man who "knows" a great deal about
224 deer goes along and marks the tips of the young hunter's moccasins with blood from the kill.

000 At the conclusion of the training period, some boys, to insure

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88 The visitors build temporary camps to the south, west, and
574 north of the space reserved for the ceremonial tepee. A long lane
346 to the east must be left unobstructed.
361 At the beginning of the ceremony, custody of the girl will pass into the hands of the attendant and the singer. But before this
867 the girl is reminded by her parents of the seriousness of her role and is advised to be obedient and cheerful. However, these ideals are not always attained.

> Some of the girls are bashful. They have a time with them! They had a time with them in the old days too; I've heard stories about it. Some girls had to be whipped before they'd go through with it. Some of them got scolded before everyone. . . . . They talk to her, tell her to be good, but the girl gets mean sometimes.

The exact manner of deciding when the ceremony shall begin is subject to some variation. According to one account, the proper starting-point should fall four days after the onset of menstruation. Most informants agree that the rite may begin "when everything is ready." Some see a tendency for the group in charge to set the time for fall, "when food is plentiful," although theoretically the ceremony may occur any time of the year.

515 Before sunrise of the first day the girl washes her hair in yucca-
388 root suds. Then she presents herself before the attendant, either
824 at a special shelter erected for her care or at the home of the older
88 woman.
793
346 The attendant first puts pollen on the girl's head and face and across the
788 bridge of her nose before anything starts the first morning. Then the woman prays over her that she may advance to good womanhood. From then on her womanhood begins. No man is allowed to go in there at this time.

Then the woman arranges the girl's hair and dresses her, beginning with the right moccasin, then the left, and continuing up to the head. She ties two eagle feathers at the back of the girl's head. The girl always faces the sunrise while
782 this is being done. The woman prays for the girl while she is dressing her, and
533 some even sing if they have songs and the girl wants them sung. The men do not say much about this dressing. This is the woman's part, and men are not supposed to say much about it. When the girl is all dressed, it is all right for a man to see her. After the dressing you have to call the girl "White Painted Woman."

262 The girl must not eat anything up to now. Then, the first day, when the girl
788

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881 793 828 through and wouldn't do anything. And now she's cross, has a bad mouth and a high temper. But she's a good-looking woman all right!

And if the girls are not of good disposition and balk, it harms not only themselves but causes it to rain and spoils the good time of all the people. That's what happened at the last ceremony, and that's why part of the dancing was spoiled. So we try to keep the girls in good humor and coax them.

After eating and listening to the old woman, the girl is ready and comes out. From here on all the people see what happens.

881 793 In spite of general similarities, the rituals of various attendants differ in detail. The prayers show minor divergences. One attendant feeds the girl throughout the four days of the rite; another asks the singer to do this. Some attendants sing for the girl, though most of them only pray. One attendant washes the girl's hair the first morning instead of having the initiate do it.

881 793 533 346 [602] *The erection of the ceremonial structure.*—While the attendant is dressing the girl, the singer directs the building of the tepee-shaped ceremonial structure. Male relatives of the adolescent bring to the grounds four freshly cut young spruce trees, thirty to thirty-five feet long, from which all but the topmost boughs have been trimmed, and some oak boughs and yucca leaves.

At sunrise the singer requests the girl's male relatives and some of the visitors to arrange and erect the main poles. The trees are laid on the ground in clockwise order with butts equidistant from a central point and tips extending outward. The first to be arranged is the east pole. A second pole is laid with tip pointing to the south, a third lies to the west, and a fourth to the north. At the base of each pole a hole is dug. The singer sprinkles pollen on the poles from butt to tip. [788] Then near the leafy tip of each, in clockwise order, he ties a spray of sage and some snakeweed. To the east pole a bunch of grama grass may also be tied, [789] and at its top two eagle feathers are so attached that they will blow freely. This is to guarantee that "nothing is to happen while the tepee is up, that no poles shall fall." To this same pole a long rawhide rope is affixed.

[782] After a prayer has been said, knots of men lift the poles, sliding the butt ends into the holes prepared for them. As the poles

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are held erect, an assistant shakes an animal-hoof rattle,[2] and the singer begins his first chant. These opening songs are known as "dwelling songs." The first song "is about all the four poles. It is about the black horse, the stallion, the four horses, because in this ceremony a horse is given on the last day." Much of the vocalization is meaningless refrain, for the substance of ritual songs and prayers is largely implicit. But the prayer portion can be translated:

> Killer of Enemies[3] and White Painted Woman have made them so,
> They have made the poles of the dwelling so,
> For long life stands the blue stallion.
>
> Here Killer of Enemies and White Painted Woman have made them so,
> They have made the poles of the dwelling so,
> For long life stands the yellow stallion.
>
> Here Killer of Enemies and White Painted Woman have made them so,
> They have made the poles of the dwelling so,
> For long life stands the black stallion.
>
> Here Killer of Enemies and White Painted Woman have made them so,
> They have made the poles of the dwelling so,
> For long life stands the white stallion.

From the structure to the south, where she is caring for her charge, the attendant cries out in reverent applause when the names of the supernaturals are mentioned. Throughout the rite, whenever reference is made in the songs to Killer of Enemies,

[2] From one informant, a Southern Chiricahua man, comes an assertion that a gourd rattle may be used in the girl's puberty rite in substitution for an animal-hoof rattle. He said: "A gourd rattle as well as the deer-hoof rattle can be used when the ceremonial tepee is being put up. This is the only time it is used; just the tepee singer has it. There are four small holes on each side of it. That is what makes the sound perfect. It has no design." All other informants state that only the animal-hoof rattle, made of four or more hoofs, usually tied to a length of wood, is used.

[3] For most of the Apache people of the Southwest, Killer of Enemies is the culture hero, and Child of the Water is a subordinate brother or companion. The Chiricahua have reversed the positions of these two; indeed, some Chiricahua have eliminated Killer of Enemies altogether and claim that the name is a synonym for Child of the Water. The older heritage persists, however, in the songs of the girl's puberty rite, which mention only Killer of Enemies. The Chiricahua simply accept these references as concerned with Child of the Water.

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881 793 856 When no more come forward, the attendant places the girl face downward on the buckskin with her head to the east and "molds" her, working from her head to her feet and from the right side to the left:

The girl is rubbed so that she will have a good disposition and be good. The old women who do it have that as special work. The woman attendant is praying as she does this. She is saying, "May this girl be good in disposition, good in morals. May she grow up, live long, and be a fine woman." The molding also makes the girl straight and supple.

The girls are massaged to give them good health and strength and to straighten out their lives and make them long. . . . .

881 793 788 The girl rises, and on the buckskin the attendant outlines four footprints in pollen. Through these the girl walks toward the east, right foot first, "so she will walk on a trail of pollen, so that her way will be fortunate and healthy." The pollen is from trees that bear fruit and nuts.

881 793 Next the basket tray, containing bags of pollen and ocher, a deer- or elk-hoof rattle, a bundle of grama grass, an eagle feather, and other ritual objects, is placed about thirty paces to the east. When all is ready the attendant "pushes her out to run," and the girl trots clockwise around the basket and back that "she may [198] live long." As she runs, the attendant again utters the call.

[782] Old men and young boys run after the girls when they go around the basket. They pray as they run. Sometimes the very old men do it. They pray to White Painted Woman. These old men ask for strength, for long life. The young ones ask for long life or anything good. Any way they want to pray is all right. I ran like that when I was a boy. I asked for long life and good health. The older people told me what to do and what to pray for. They say you get long winded when you do this.

881 At the end of the first run the basket is brought nearer the ceremonial structure. Three more times the girl runs, and before each run the basket is brought westward. When the girl reaches [823] the buckskin after the last run, she picks it up and shakes it to [1751] each direction in clockwise order, beginning with the south, "to send to the directions all sickness and disease that might harm her."

During these events, women of the adolescent girl's family

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535 522 When the masked dancers are out there just for the good time of the people, it isn't necessary to have a clown with each set of dancers. Sometimes the shaman doesn't even paint a clown. He doesn't worry about it. If someone wants to be one, all right; but he doesn't ask anyone to do it. If someone wants to, he says, "All right, get your own equipment then." The clown is not counted in the set. [755] A man may paint four others and a clown. But when they are dancing to cure sickness, the clown is supposed to be the most important dancer. The old man told me that the clown has more power than any other masked dancer.

The clown won't talk to the people when he's dancing at the time of the puberty rite. He only motions. He's just there to make fun. The people give him directions, and he goes and does what they say and makes a fool of himself just for the fun of it. He will roll on the ground if they tell him to. He dances all over. He may be in the lead or he may come last. He has no special position. It is not dangerous to touch a clown as it is to touch another masked dancer.

535 522 203 The clown is the servant and messenger of the masked dancers. You notice that he runs over to the group of men who are singing for the dancers and bends down and says something. He is saying, "The dancers out there [resting in the woods] want to smoke and they need tobacco," or, "They want you to sing a 'high-step' dance song for them."

If you are a masked dancer, you can tell the clown to deliver a message for you. He goes among the people; it's all right for him to do it. People are all saying, "There's the clown. What is he after?" He gets near your man. Then he leans over quickly and delivers your message. And he's gone like a flash.

When I was a dancer, I used the clown. The girl I sent a message to is still living here. Just as we were going out from the fire I motioned to the clown, and he followed me. I told him, "See that girl by the wood pile. Tell her that I want to see her over here when the next dance begins." Pretty soon I saw the clown going toward that wood pile. He talked to my girl.

The next time they danced, I didn't go in. I went to the place where I was going to meet the girl. I had my mask on, and people I met couldn't see who I was. I was waiting there. Pretty soon I saw a girl coming. I jingled my costume to let her know I was there.[6]

535 To continue with the account of the preparation of the masked dancers. The men who are to dance, strip, don the kilts and moccasins, and stand or sit facing the east. The shaman puffs a preliminary cigarette to the directions while he recites an extemporaneous prayer such as this: [756] [782]

Under the heavens to the east, inside Big Star Mountain, can be seen the great Black Mountain Spirit. His body has been designed and the uprights of his

[6] It is dangerous to touch, speak to, or point at a masked dancer only when he is dancing or actually impersonating a supernatural.

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headdress have been made with the big star. Against these diseases I use the sound of the Mountain Spirit rattling his headdress as he dances to the fire. By means of it I walk the earth. It drives all evil away. With it I perform this ceremony. With this I walk. That is all.

"They always start to paint the leader first. It doesn't matter who is finished first though." Helpers apply the paint with sticks which have been pounded, softened, and sometimes turned back at the end. Even the finger is used if the work has to proceed quickly. The helper, who has seen the masked dancers of this shaman perform many times and may have acted as dancer for the shaman himself, is usually familiar with the designs. What information he lacks is supplied by the shaman. Often masked dancers assist in painting each other.

Anyone can help the shaman paint the dancers. The shaman sits there and tells them what to do. Sometimes he paints too. When he has several men around, he will have everybody working on them. He will be singing and praying while they do it. I've never asked about this part. They start painting in the late afternoon. It takes some fellows longer than others. It doesn't make any difference whose masked dancers are first on the grounds below.

I painted masked dancers once. I was already painted myself and ready to go out. They were a little behind. I just went over and put the marks on one of the fellows to help out. I went ahead and did it while the shaman was there singing.

During the painting the shaman sings, beating a pottery drum with a curved drumstick. Should these songs not be sung in the right way, "the masked dancer would fall down like a man knocked out by a blow if he should touch another masked dancer down on the grounds." According to one masked-dancer shaman, his songs "call on the Mountain Spirits to give the dancers endurance," and so his dancers are able to "stay in there a long time."

These songs which accompany the painting of the dancers are sung as memory and convenience dictate. The allusions in them are to the themes associated with the ceremony, to the "holy home" where the ritual was learned from the resident Mountain Spirits, to the sounds made by the pendants of the headdress and kilt as the dancers trot to the fire, to the cardinal directions from which the Mountain Spirits guard the Chiricahua against all sickness and danger. The prayer or softly and quickly

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535 uttered recitation which separates the choruses can be freely
533 translated as follows for one of these songs:
[782]
[539]

Inside the holy home
At the place called "Home in the Turning Rock,"
The Mountain Spirits, truly holy,
Rejoice over me to the four directions
And make sounds over me.

The words of another of these songs show a forceful and vivid imagery:

[539]

In the middle of the Holy Mountain,
In the middle of its body, stands a hut,
Brush-built, for the Black Mountain Spirit.
White lightning flashes in these moccasins;
White lightning streaks in angular path;
I am the lightning flashing and streaking!
This headdress lives; the noise of its pendants
Sounds and is heard!
My song shall encircle these dancers!

[574] When the body-painting is finished, the dancers eat the gen-
[264] erous meal provided for them by the feast-makers. It is nearly dusk now, and soon the great fire will be kindled below and the people will gather to see the entrance of the masked dancers.

[756] While the shaman chants another set of four songs, the
[782] dancers line up in a row facing the east, headdresses in hand, praying and asking to be blessed. Of one of these songs the informant said:

I'm going to sing an old song. It's very valuable. It is sung when the masked dancers are standing there, painted, dancing in place, and ready to go out, shaking their headdresses. This song is called "Earth's Song." It is sung very slowly.

[539]

Thus speaks earth's thunder:
Because of it there is good about you,
Because of it your body is well:
Thus speaks earth's thunder.

535 As these songs are sung, the impersonators gyrate clockwise,
[198] uttering their call at the mention of the Mountain Spirits and motioning with their headdresses to the directions. The buck-
[532] skin masks have been moistened so that they will be pliable. At
[788] the conclusion of the singing, the dancers, including the clown if

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535 It is the privilege of the singer to begin the song and to recite
533 alone the prayer or half-spoken, half-chanted portion inter-
881 spersed between the nonsense-syllable refrains. At the refrain the other members of the chorus join in heartily again, and so these songs give the impression of great bursts of melody, suddenly hushed and as suddenly resumed and swelled. When a singer of these songs grows tired or feels that he should make way for another, he relinquishes his post and joins the chorus, while his successor contributes other songs. The songs of any individual are well known to those of his region, so that it is always possible to bring together a chorus.

The songs are classified in three groups, each related to one of three types of dance: the "free step," the "short step," and the "high step." The dancers, and especially the leader, must be able to recognize a song at once and enter upon the proper step.

The performance always begins with a free-step song, so called because it imposes less formal restrictions upon the actions of the dancers and allows more exhibition of individuality than either of the other two. When he hears this music, "a man uses his own judgment and dances according to his feelings." The best performers contest in the firelight for the rolling, throaty call of approval of the audience.

535 The prayers of the free-step songs are similar in theme to those
533 of the songs sung when the dancers are painted:
881
782
539

I

At the place called "Home in the Center of the Sky,"
Inside is the home's holiness.
The door to the home is of white clouds.
There all the Gray Mountain Spirits
Rejoicing over me
Kneel in the four directions with me.

II

When first my power was created,
Pollen's body, speaking my words,
Brought my power into being,
So I have come here.

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fire pit is flanked at each cardinal point by a flat rock painted red on top. These "stand for" the mescal or century plant, a food staple, and act as a prayer that the girl may find and prepare an abundant supply of mescal in the course of her life. A stone bowl, the mortar for the paints of the ceremony, is set toward the east this first night. This, too, will be moved each night.

The singer rolls a cigarette, lights it with the slow fuse, and smokes and prays. His voice is hardly audible. The attendant, using the same fuse, also offers smoke ceremonially. Then the singer starts to shake the hoof rattle which he holds in his right hand and begins his first song.

The songs of this ceremony are in reality a journey in which the girl is brought to the holy home and from there is conducted symbolically through a long and successful life.

We think of a woman's life as blocked out in parts. One is girlhood, one is young womanhood, one is middle age, and one is old age. The songs are supposed to carry her through them. The first songs describe the holy home and the ceremony. Later come the songs about the flowers and the growing things. These stand for her youth, and as the songs go through the seasons the girl is growing up and reaching old age.

At the conclusion of a song the singer explained:

This song is about flowers. We are taking this girl through a beautiful life. This is the conception of a beautiful life for the Apache. We take the girl through beautiful lands, past flowers, through seasons with their fruits. The translation doesn't mean much, but there is a great deal to it if you think about it.

There is a general tendency to move, as the songs continue, from the more remote and abstract qualities to the growing things of the earth.

The big ceremony starts with songs of the sun, the moon, and such things. Then comes the earth. Then the songs are mostly about the earth and the things that grow on it, about the fruits, the trees, the plants; about even the children. Nothing is left out. . . . .

. . . . On the fourth night the songs deal with all the different grasses and carry them through all the different stages of development, from spring to winter. Then by morning we are through.

The songs belong to two general groups, and each kind of song is accompanied by a different dance. Most numerous are the "shuffling-step" songs, and, when these are sung, the girl stands,

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ment for this. It is like an issue[14] to the boys that comes automatically. This comes from a certain kind of shaman who has to do with war. The drinking-tube is given by the same person and is issued in the same way. The shaman has prayers to the directions. He throws pollen to the directions as he makes these things. The tube and the scratcher have a lightning design on. When the boy comes back, he returns the hat, scratcher, and tube to the shaman. The shaman can use them again for others.

"One who is a novice is different from the others." The difference is in the first instance a ritual one: "The older men treat the novices reverently because these young men are on one of their first raids and there are restrictions upon them." Like the pubescent girl, the novice is identified with a supernatural. "On the raid and warpath the men call the novice Child of the Water." Sacred aspects are further emphasized by behavior and food restrictions:

The novice, when he first gets the tube and scratcher and goes out with the others, cannot turn around quickly and look behind him. He must glance over his shoulder first. And in facing the other way he has to turn toward the sun first, the way they throw pollen. Bad luck would come to the party if this was not done.

If the boy does not use the scratcher, his skin will be soft; the flesh will be no good. He has to use the tube for all drinking. It is a rule that is put upon the boy. If he does not use the scratcher and tube, his whiskers will grow fast.

There is also a very strict rule against a novice having sexual intercourse while he is out.

Another thing: he must use the words that have been taught him. If he disobeys in this, he will be very unlucky.

Novices are not allowed to eat warm food, but must eat it cold. If they have to cook the food, they must let it get cold before they eat it. If the novice eats warm food, horses will not be worth anything to him. He is not allowed to eat entrails either. If he eats entrails, he will not have good luck with horses. Meat from the head of an animal is forbidden to him also.

To these rules various informants have added others. The novice should not gaze upward when he is on the raid or a heavy rain will come. He is not supposed to laugh at anyone, no matter how amusing the situation. He must speak respectfully to all the men and must not talk freely or obscenely about women. He must stay awake until he is given permission to lie down; to go to

[14] The Chiricahua refer to rations and goods distributed by reservation officials and the military as "issues."

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787 This is the unknown force, the power, that causes the twitching of the flesh anywhere on your body. Some people have it near the eye, some at the foot, the shoulder, or on some other part of the body. The Chiricahua believe in this as an indication of what is going to happen. A man is starting out on a trip by horse. If he gets the tremor and it tells him not to go, he turns back until another day. It is often the determining factor in a person's life. It shows you some special event. A person may occasionally get it in various parts of the body, but he knows of a special place that has a meaning for him. Some believe in this more than they do in the shaman. To some this is the real power. People find out by experience what their tremor means.

[763] I know that certain signs mean certain things. I get it under one eye. It means someone is going to die. I had it for two days at the beginning of the girl's puberty rite. Soon after the ceremony a woman died. I mentioned this to another man with whom I was walking. He said he had it there sometimes too and that it was a bad sign for him also. Just two weeks ago I had this sign for a long time. Now I learn that C.'s wife has just died. This trembling under the eye is a general sign, and all agree on its meaning. But I didn't recognize these signs for myself or notice that they were giving information to me until a few years ago. I had had this sign a great deal. I decided to study it and see if it was true. So I remembered whenever I had it, and, sure enough, someone always died a few days later.

. . . . Some people, when they have a bad sign, rub ashes on the place that is trembling. Or they say, "Whatever you are, don't let this thing come to pass." The ashes don't make my trembling stop.

Tribute is paid to the dependability of these signals by another informant:

Muscular shaking is recognized as "that which informs one" in some emergency. When a man is just about to do something that will cost him his life or property, or to make some great decision, if he knows the meaning of his muscular tremor, he will be warned. Some people pray to their muscular tremor. It is so specialized to some that they look upon it as a ceremony for themselves. Some people place more faith in it than in ceremonies. [782]

When you have the shaking on the outside of your legs, it is recognized by everybody as a bad sign. For most people this holds good. A person must recognize what his own tremors mean though. You watch what happens after you get it and then you learn what it was trying to say to you. Pretty soon it is a sure thing to you. The inside of the legs is usually a good sign. If the muscle of the arm [bicep] twitches, it is said that the person will carry a great deal; he will be successful in war.

My good sign is over my right eye. When it is under my left eye, it is surely going to rain. In the old days, during the Indian Wars, when I was nervous and afraid, I would get a tremor on the inside of my leg. Then I would be at peace and go to sleep. It was my sign.

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The warnings of muscular tremor served well in the strife of the seventies and eighties:

Once a bunch of Geronimo's band saw C. and his wife working in the distance. They planned to catch C. and force him to go with them. All of a sudden they saw C. and the woman drop everything, jump on a horse, and head back toward the reservation. Many years later someone reminded C. of this. They asked him what warned him. He said, "Oh, yes! I remember the time. I was working and all of a sudden I got a muscular tremor sign which I knew from experience meant, 'Something bad is going to happen. Drop everything!' So I did."

The most prevalent of these signs by far and the ones upon which there is greatest agreement are those which occur on the outside and the inside of the arms and legs and those which are felt above and below the eyes. But personal variation is common too.

While everyone knows of these signs, there is a marked difference in the amount of reliance which each individual places upon them. Most persons accept the warnings gratefully and try to fathom the meaning of unusual tremors to which they are subject. An occasional individual, however, goes beyond this and uses the tremor as a guide to all important problems and as a key to the solution of the perplexities of others who seek his advice. In a time of emergency he appeals to this phenomenon and waits for some sign to govern his actions. He may even have songs and prayers which he directs to the muscular tremor in anticipation of a reply.

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P. believes in this more than in anything else on earth. He says he has lived to an old age with it. When he gets a quivering in the muscle inside the legs, it's very good. When it's on the outside of his legs, it's very bad. It's the same with the arms. Before any important thing he intends to do, whether for himself or for any of his friends in the tribe, or for the whole tribe, he has to ask his sign. He has lived according to the direction of these signs.

I have heard him say, "The sign does not come on just to give you a sensation. It means something. Many of you don't believe in it. I believe in it and I know the meaning of it. It has saved me trouble. Many a time, when I have had a bad sign, I have waited for a good sign before doing something. I have prayed for help to meet trouble when I have been warned. Then I wait for an answer. I get my answer by getting a good sign. Then I go about my affairs." And I know that he prays to Child of the Water and Life Giver about these signs.

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COSMOLOGY AND SUPERNATURALS

793 Ritual, poetry, and prayer often refer to the time "when the earth was new" or "when the earth was created," yet there is no tale that describes the event. Parents, in talking with their [796] children, credit Life Giver with the creation of the universe, but they offer no details and expect that faith in this deity will be later supplemented by interest in some more concrete manifestation of supernatural power.

821 Ideas concerning the relations of the earth, the heavenly bodies, and the forces of nature are often associated with personal supernatural power or with folk beliefs:

We did not discuss whether the world was round or flat. The old people used to say that the sun is as large as a mountain. I think that the sun and moon are [778] [782] [533] in fixed position and that the heavens move. There are men who get power from the sun. They have songs and prayers directed toward the sun. It is thought that the sun goes into the sky at an eclipse. The moon does this too.

During the summer rainy season the sun has a moccasin string made of rotten material, and it breaks and breaks. The constant rain makes it rotten. That is why we have a long day; he cannot move fast. But during the winter the sun uses yucca fiber for a moccasin string and goes pretty fast, for he does not have to pause much to bother with his moccasins.

The moon is as big as the sun. Darkness interferes with the moon; therefore, we do not get so much light from the moon. The stars are thought to be pretty big too, as big as the moon or sun but set back farther. We notice that some are fixed and some travel, but we do not distinguish the two kinds by name.

[756] A sun shaman would know all about the sun. But I'm no authority. I can only tell you what I've heard. I don't think that what I know amounts to much. I know that different men are telling stories in different ways. They may say that what I say isn't so. That's why I don't want to go into details.

[784] Consultations with other members of the tribe revealed some disagreements in details but left a similar impression of the unorganized state of the cosmology.

Feminine qualities are attributed to the earth, and one informant definitely stated, "The earth is thought of as a woman." [778] [756] Moreover, in all ceremonial contexts the earth is called by a term that is said to mean "Earth Woman."[4] But, except to a few

[4] Dr. Hoijer claims that he cannot analyze the word to give this meaning literally and says that it is an instance of folk etymology.

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Power is bitterly resentful if its ceremony is conducted in a slovenly or erroneous fashion, for this is evidence of little interest and faith.

It must not be thought that a shaman is concerned with his power only at times of ritual or when he is in communication with his supernatural guardian. This relationship invades every realm of interest and activity. One man, who has a ceremony from Lightning, tends to interpret everything possible in terms of it. He even sees a lightning symbol in the zigzag lacing of the child's cradle, a point that no one else seems willing to concede. Elsewhere I have indicated how the nature of a man's ceremony and power source may even affect the manner in which he relates traditional legends.[8]

In the course of a rite a constant interchange between the power and the shaman takes place. "A shaman with masked dancers does not paint them just the way he wants to. Every time he wants to paint, a picture comes before his eyes and tells him what to paint."

The shaman is the custodian of the songs and ritual with which he has been intrusted. It is his obligation to see that they are not inappropriately used. "If a man has a ceremonial song and his power has told him to sing it a certain way, he doesn't want anyone else to sing it, and he will tell him it's wrong if he tries."

It not infrequently happens that the power and the shaman discover that on some specific issue they have contrary aims or interests:

The old people say that a shaman often falls out with his own power. Many stories have been told about that, all of them true. After many years, the power will ask some shamans to sacrifice some of their best friends or the very ones they love best in the family. That's what they say.

There was one man who was a war shaman. He was well protected by his power. Once he had his own group of men ready to go into battle. Usually before going into battle, he would sing for his men and pray for them so that nobody would get a wound. This time he was praying for his men who were going into battle. All his warriors were sitting around him that night. He had never kept

[8] "Three Types of Variation and Their Relation to Culture Change," in *Language, Culture, and Personality; Essays in Memory of Edward Sapir*, pp. 146–57.

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anything about his ceremony secret from his warriors. He always told them, "Go right in and fight. Nobody's going to get killed or shot. Go right in. That's what my power says." 756 778 726

That night during his ceremony for the next day's battle his power told him, "Tomorrow I'm going to take two of your very best men during the battle." It called them by their names, the two best warriors. 787 782

So right there he told them, "You two men are to be killed tomorrow. That is what my power says." Then he kept on with his ceremony. He was angry with his power.

But his power said, "This must be done. I have helped you and have done everything you asked for up to this time. Now you must do what I tell you."

This man answered his power, talking so loud that everybody heard it. They say he waved his hand over his men to cover all of them. He said, "These men and their families, I love every one of them. I want to see them as long as I live. I will not let you have any of them. I will not agree with you. I must tell you that right now." He was very angry.

His power said, "It must be done." And he told it, "It's not going to be done!" He was fighting it.

The power told him again, "It must be done." And he said, "If you think it must be done, take me. Then you can do whatever you want after that. Take me first. If that's the kind of thing you want me to do, take your ceremony back right now. I don't want it. I want to do only good things with it. When I have to pay [you] men, I will not put up with it any longer."

I think this argument ended by the power's saying, "If you don't want anything to happen, don't go into that battle tomorrow." The power is strong in this story. That's the way the old people tell it.

Since the value of a ceremony depends so markedly upon the intimate personal relations between the shaman and the supernatural source, anything that interferes with the clarity of purpose of the shaman gravely weakens the rite: 756 778 787

The only thing the old man told me was this: "The older you get, the weaker you become with your ceremony. Your mind is weak. Your praying is mixed up. You get the lines in the wrong order in the songs and prayers. Your voice is weak in praying. Your voice is feeble and you can't sing as you used to. You can't have a good vigorous talk with your power any more." [886]

And because the efficacy of power is so completely linked with this mutual confidence, any rupture of this relationship may result in the withdrawal of supernatural support from the shaman:

Sometimes the power of the shaman just goes, all at once. E. is a member of the Central Chiricahua band. I knew him when I was a boy. I lived right in the same place. He is my cousin (our fathers were brothers, sons of the same

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751 757 515 [291] [824] [413] time. About four to six men usually go in at once. They wear just a loincloth. Before they go in, pounded piñon needles or pounded juniper may be rubbed on their bodies by the man in charge. All the men wear sage tied around their heads while they are in there. And they take a drink in which four pieces of mesquite bean have been put. Each man has to bring a stick to scratch with. He cannot scratch his body with his fingers.

Four big rocks are heated outside and then brought to the pit inside with a forked stick. Water is brought. The men are sitting in a circle but leave an open space to the east. Then the water is sprinkled on the hot rocks. Anyone who is appointed can sprinkle water on. One man sits outside and operates the door cover so that the heat does not escape. The man in charge is always in there. He [463] prays in there and leads the singing. Special songs are sung, songs that mention [782] the sweat bath, the earth, and the sky. Usually four songs are sung over and [533] over. All who are inside sing.

The men try to stay in there about an hour. Then they come out and bathe. [481] Some young fellows run a race, too, while they are still warm from the sweat [826] bath, to enable them to become good runners and to make them long winded. That is their belief.

Sometimes the men go in four times during the day. But some can't stand it. K. went in once. The heat was so great that he didn't go in a second time. Sometimes they just go in once and it's over. They rub themselves well with their hands when they come out. Sweat-bathing like this keeps men in good physical condition. It isn't done right away again. They would wait at least fifteen days [888] before doing it again. There is no use for very old people to go into the sweat house. Their lives are spent.

278 *Herbalism.*—Plants are used in the majority of cases, whether the manner of combating the illness be ceremonial or purely secular. "There are all kinds of roots and weeds and herbs, something for everything; nothing was left out." Some plants are considered so "strong" and so "ceremonial" that only those who have supernatural sanction and directions for their use dare apply them. Other plants, usually administered in nonritual contexts, appear in ceremonies if the supernatural power so orders.

75 824 Incensing with the smoke of burning juniper and piñon boughs is mentioned repeatedly:

My people take piñon and juniper, put the boughs together, and burn them. They do it inside the home and keep the members of the family there until they can't stand it any longer. This burning makes a lot of smoke, and they stay there until the tears come from their eyes. Then they won't catch a disease that is around. They do this if there is a great deal of disease around.

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757 water with it. Soak it up with some absorbent material, and then squeeze it into the ear."

Excessive dandruff has its remedies. "We use plants for this, two or three different kinds. We burn them to ashes and rub the ashes on with grease. The sap of trees is good for this too."

We see, then, that for minor ailments well-known plants are [759] used without ritual. If pain or sickness persists, an herbalist may be hired who sings and prays while he gives the medicines.

My small boy hurt his arm, and it didn't get better for a long time. I heard that F. was good and had medicine for such things. So I got him. He sang a song first. Then he put some of the medicine on the boy's arm. It cured him too.

[755] Toothaches are sometimes treated by a similar combination of [782] prayer and medicine:

There was a person who knew something about teeth, and he gave an herb that was used for toothache. He prayed in addition, and the toothache was cured.

But in some illnesses which require dosage with herbs the [164] medicine must be given with more formality. Such a malady is venereal disease. The medicine, which is made from the pounded 757 and boiled roots of the locust tree, must be tendered to the pa- 759 tient by one who has special knowledge concerning its preparation and ritual.

A certain young fellow got gonorrhea. The boys used to joke with him a great deal about it. I don't think his mother ever knew what was the matter with him. He just said he was sick. I remember that he approached my father and asked if there wasn't some Apache remedy for the disease. My father said there was, and, of course, there is. I don't think my father had the ceremony that goes with the root, however, and could not have treated him anyway. But my father told him that part of the treatment was that the sick man had to bring the girl before the man who gave the treatment, or the disease could not be cured. The sick man refused to do this. He didn't want to tell on the girl. So my father said that he could do nothing for him in that case.

757 Of venereal disease another informant said:

We have a ceremony for venereal disease. When there is a hard boil down there, they recognize that it is very serious and hard to cure. When it breaks, they have a medicine to put on it. They use a ceremony and drink medicine.

75 When a person is very sick from venereal disease and a shaman is carrying on

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a ceremony to save him, an herbalist, a man or woman who knows what plants will help this sickness, may be called in at the same time. In fact, the shaman may advise this. His power may tell him that someone who knows a good plant is needed. I know cases where a man is pretty sick with gonorrhea and they get him well.

Illnesses peculiar to women are treated by a combination of herbalism and ceremonialism often:

If menstruation stops and the woman is not with child, it is a serious disease called "blood is in her." It can cause a woman to die. For this "flint medicine" is used. This is a lightning-riven twig. The wood is chipped off, boiled in water, and the medicine put in a bowl or cup. Whoever gives it marks it with pollen, performs a ceremony with pollen, and then it is drunk. Just people with special knowledge can perform the ceremony.

For pain at the monthly period and for an excessive flow of menstrual blood, this medicine is also given. Sometimes scrapings from a flint or "thunder arrow" are added before it is taken.

So great a scourge is tuberculosis that plants considered effective against it assume much importance, and their use is accompanied by a great deal of ritual. The most highly esteemed specific for this disease is "narrow medicine," *Perezia wrightii:*

"Narrow medicine" is powerful. It is a root which is ground up and put into water. It is not boiled. Water is put in a shallow basket which is lined with pitch to make it watertight. Then the medicine is added to the water, and four hot stones are put in. It is necessary to use four. It foams up when it is heated. There is a prayer, and a cross of pollen is put on the medicine. Then pollen is held to the four directions and put on the head and back of the patient. A cup of the medicine is taken and held to the directions four times. Then the patient drinks. This is good for tuberculosis. Lots of people get well from taking it.

After taking the medicine, the patient lies out in the sun and gets heated up. He vomits up all the tuberculosis. If he doesn't vomit, he has to defecate. It works either way. Sometimes you see the tuberculosis worm alive and about a half-inch long. Then the patient starts to regain his health.

This herb has been in use a long time. My great-grandmother used it. If the patient is not too far gone, it works. It is given only once or twice. If you take much of it, it makes you weak. It is very expensive. You give a great many things for it—even a horse.

If the person giving it does not know the secrets of it and puts too much in, the patient will go crazy and kill himself. If you don't know the secrets, even though you know the right amount to give, it will hurt you. Tuberculosis is usually treated by old women who know a good deal about herbs.

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754 756 778 [753]

To this point the assumption has been that sickness is due to contact with something inherently injurious or to the plottings of the witch. But the last quotation suggests that power, too, may have demands of its own and is capable of vengeance. Power is not always a neutral, not always a force ready to act at the bidding of the shaman or the witch. It may aid the shaman, but only as long as it sees fit to do so, and at a price. It may sponsor the witch, but only to ruin him finally. The duality of power, then, must be read to mean not only that power can be used for good or for evil but that power itself may be good or evil.

Sometimes the evil intentions of power are discernible at first contact. "One can take or leave power. It is dangerous to take sometimes. Sometimes the ceremony that is offered requires some things that are not right. That is why some people refuse it." But power may even deceive the individual who aspires to enjoy its benefits. Many a practitioner has assumed that his power "is for good only" later to face a sad awakening.

[533]

He had some pretty songs! I sure liked them. But he told me over here one time, "Never sing them. They are witch songs, my friend. I never knew it for a long time, but I have found out since what they are." . . . He doesn't sing them now. His power has run out.

756 782 778

Power which has seemed to be beneficent may finally demand that the shaman sacrifice a life to it.[18]

A shaman may succeed for eight or ten times, and then he has to pay for his success. The power, after working for him for a number of times calls on him for a sacrifice, saying, "I have let you work this ceremony so many times; now I want so many men." Then the shaman must pay with men. He is notified through a vision or dream. In the old days they sacrificed the best men in the tribe this way. They did it in battle. They sacrificed the ones in the front of the fight.

Sometimes a good man, when called on to do that, will say to his power, "You should have told me about this in the first place, and I wouldn't have taken the ceremony. This will make no better than a witch out of me. I refuse. You may do what you want." Often they lose their lives that way. Sometimes the power calls on them to sacrifice their own relatives, and they do. Sometimes they refuse. Many times relatives are afraid of a very successful shaman.

[18] In this connection the story of the shaman asked to sacrifice two warriors, introduced on p. 208 to illustrate a different point, will be recalled.

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756 The last sentences are of particular importance, for they call
778 attention once more to the special peril in which the relatives of
782 a sorcerer are placed:

There is often a big penalty for being a very successful shaman. A shaman might do a lot of good, then the power demands that the life of a relative be sacrificed. If he does not agree, he pays with his own life; a trifling accident will cause his death. He allows the power to take his son, his daughter, his wife, or any other close relative. It causes them to get sick; it appears to be natural when they die. The power causes the sickness, and he permits it. The relatives of such shamans are afraid of them. The relative cannot defend himself. The matter is not made public. The shaman, when his time comes to die, can substitute a relative for himself. I have heard very often of shamans substituting a relative when their own time came to die.

I hear lots of talk about the fact that if a shaman has done a great deal of good, when the time comes for him to die, his power speaks and tells him to substitute a relative in his place. One old man told me that a relative approached him and wanted him to take a ceremony. He said to this relative, "Get out of here with your power! You will probably substitute me, and if you don't I don't want to have to substitute someone else." When you go to a man with much power and question him directly, however, he evades you. He says, "Well, if the power comes from some evil source, a person might do this." He never admits that he does it.

[522] This fear of the power of a relative provides a source of wry humor:

I used to tease my uncle a lot. You know the Chiricahua think that, when a shaman's time has come to die, he pays out one of his relatives instead. He substitutes someone. It has to be a relative. I used to say to my uncle, "When your time comes, don't pick on me; let me die a natural death." That sounds very funny when you say it in our language. When I'd say this, he would just laugh.

756 But the subject is not always treated in such a genial manner.
782 In the following instance traditional uneasiness is aggravated by
778 a quarrel between father and son over the transfer of the older
593 man's ceremony.

Close relatives of shamans become frightened sometimes because they are afraid the power may claim them. There is my father: I don't know what he knows. I'm afraid of him. He might witch me or harm me. The same with E.— I don't want to be around him. I don't want to be in sight of either of them. I don't want to be bothered.

Sometimes the man will let the power have its way. He will sacrifice one of

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his own relatives. Of course he's a witch then. After that he might mix bad and good. He might cure in a good way, but when the power demands a relative, he has to sacrifice one to protect himself.

You take my father: he must have had plenty of power in J.'s day. J. has told me how powerful he was with his ceremony. He was able to cure when he was younger. What he said always came true.

As a rule, after a while you can do bad things to your fellow-men among your own tribe more easily than you can do good things. I almost think it's easy for the old man to do those bad things, for they are easily done. In J.'s time the old man was doing good with his ceremony. But today he's a dangerous man to me. For the last several years I can't say he has done any good for anyone with his ceremony. Most of the people here call him and E. both witches today. E. has been standing by him because he is studying the old man's ceremony. Everybody knows it. The older people living here today say that, if you trace it down, there is no relationship whatever between the old man and E. But E. calls him brother. They have no proof that they are relatives.

THE GENERALIZED CURING RITE

Because of such factors as the diversity of the sources of power and the varying degrees of intimacy between the shaman and the supernatural force, no two ceremonies are exactly alike; yet all the rites conform to a general pattern.

Since many of the diseases are marked by well-defined symptoms, the sufferer is able to hazard a likely guess as to the cause of his illness and to seek a shaman equipped to cope with it:

A person makes his own choice. If he is pretty sure of what ails him, he takes his chance and goes to a shaman for a cure. A person has to use his own judgment. If he thinks it is a bear that made him sick, he goes to a shaman who knows power through the bear. The shaman will tell him whether this is the trouble or not soon enough.

Though there is a tendency to expect a rite from a particular source to cure sickness contracted through that same source, strong power usually can bring some relief to any malady. Therefore, the ailing person is as often concerned over the ability of the shaman as he is over the power source involved.

A sick man uses his judgment and goes to a shaman he thinks has most power. You can go to a shaman, and he can tell you beforehand if he can do you any good. Almost any good shaman can at least tell you what is causing the evil influence, though he might have to send you to someone who can help you.

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Before the ceremony can begin, and usually at the time of the request, ceremonial gifts are tendered the shaman. These are gifts to the power to assure its co-operation. 756 755 782 431

The shamans for different diseases get different presents first. Even today these can't be money. These are not given to the shaman. They are part of the ceremony. They must be given to complete the ceremony. For a ghost-sickness ceremony today one man wants a black-handled knife, a black silk handkerchief, a bag of smoking tobacco, and a wooden cross. After this and on top of this a further present might be given to the shaman, but these have to be given. . . . . His power always needs special things for a shaman to cure with, and you must have these ready.

These offerings are almost always four in number and are generally of such a nature that they can be directly employed at some stage in the rite. Among those which commonly appear are turquoise, abalone shell, eagle feathers, pollen, specular iron ore, unblemished buckskin, black flint blades, white shell, and obsidian. What is called for may vary according to the patient's sex. An unblemished deerskin, for instance, must come from a doe if the patient is a woman, from a buck if it is a man, and the head must be left attached with a piece of abalone or turquoise (again depending on the sex of the patient) tied between the ears. If possible, the gifts are logically associated with the kind of ceremony which the shaman controls. 756 431 782 [232]

I had a man who specializes on mules and horses castrate my mules. The old man made a ceremony of it. . . . . He said, "Give me a saddle blanket, a bridle, a little rope, and something else that is used for a horse. It doesn't have to be new. Give me something you don't want. I don't care how much it has been used. Just give me these to carry out the ceremony. Never mind other payment." He told me he usually gets paid besides, but he always gets these things to complete the ceremony. He made it pretty plain that his power wanted things that had already been in use on a horse.

For a certain rite of a shaman the ceremonial gifts are always the same, and, if the practitioner is well known, the requirements are public knowledge. In order to learn about the "way" of a lesser ritual figure, it may be necessary to make some inquiries. A visit to a relative of the shaman may prove useful, for example.

Once the shaman has agreed to perform his rite, he takes full 756 755

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the substitution of pollen from piñon, oak, pine, sunflower, or, in later days, corn.

Besides the substances and objects already mentioned as ceremonial gifts to the shaman, many others, supplied by the shaman himself, may be used in the rite. Some of these are: white clay, red ocher, coral, rock crystal, opal, jaspar, gypsum, snakeweed, grama grass, the bezoar, the enema tube, and a decorated "age staff" upon which the shaman leans during his songs.

After all have come together, the shaman rolls a cigarette and blows smoke to the four directions:

He smokes ceremonially, sends the smoke up. First he puffs to the four directions. As he blows smoke to each direction he says, "May it be well." He might say as he smokes, "There are good and evil on this earth. We live in the midst of it. Let all be living in peace. I want nothing to harm us. We only want food and other good things."

An impromptu prayer calling upon the power source for aid is likely to follow the ceremonial cigarette:

This woman is in poor health. I want her to live. She has been searching for something good. This evening I hope that what is wrong with her life will disappear and that she will have a good life. Now I am going to tell you something. You must do right now what you promised me to do. Your power must go into the life of this poor woman.

At this juncture, that the patient by his belief and the audience by their "good thoughts" may please the power source and insure its co-operation, the shaman may describe the acquisition of his ceremony and its virtues. Another gesture implying faith is the reciprocal marking of the shaman and the patient with a sacred substance. Pollen is most often so used, but specular iron ore, red ocher, or white clay may be substituted. "Every shaman is known by his individual way of using pollen. Some put it to the four directions and up and down, some around the back of the neck and on the shoulders of the patient. Each man keeps his own way." The shaman may even mark everyone present in like manner, drawing the entire gathering into a spiritual brotherhood. The pollen, like all ceremonial objects or substances employed in the ritual, is held first to the cardinal directions, beginning with the east, and then moved in a sunwise circuit.

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Some shamans next seek to learn whether they will be able to relieve the patient. One ceremonialist has, in recent times, looked at the sick person through a black silk handkerchief to determine this. Another draws the moon or a star with pollen on the palm of his right hand, and figures appear for him which permit him to prophesy concerning the outcome.

To determine the cause of the ailment and to learn what he must do to cure it, the shaman sings and prays. In this way he attracts the attention of the guardian spirit with whom the songs and prayers originated. He may sing without musical accompaniment, or he may beat time with a curved drumstick on the pottery drum that has been thus described:

> Women make the pot. Men fix it to sing with and make the drumstick. The drum is a piece of buckskin stretched over a clay pot. Water and four pieces of charcoal, each the size of the end of my thumb, are put in. The charcoal is required for a ceremony. It makes the sound good too. The water is to keep the buckskin damp. The buckskin is wet and stretched over the mouth of the pot. It takes several men [to fix the buckskin in place]. It is sounded until it is right and then tied. Then four little holes are made in the buckskin. If this is not done, it will not be much of a drum. It helps the sound and is of ceremonial importance too. The drumstick is made of any kind of green wood that can be bent. Oak is sometimes used for it.

Less frequently the musical accompaniment is a rattle of some kind. Rattles of eagle claws and mountain-goat hooves have been mentioned for shamanistic rites. Occasionally, the shaman has an assistant who drums for him and aids him throughout the rite.

The songs are formal and unvarying for any one ceremony. The prayers tend to be extemporaneous, however, reflecting the need and the occasion. The song, and often the prayer, is divided into four parts or verses, all alike except for different associations of color and direction. The traditional color-directional association which is found in the mythology is black for the east, blue for the south, yellow for the west, and white for the north. Shamans take repeated liberties with this scheme, but for any one rite internal consistency is maintained. It is at the second or fourth verse of a song or prayer, or at the end of the second or

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755 262 [784] I went to visit C. I stood in front of him. He said, "Don't stand over me. Someone performed a ceremony for me and said that no one was to stand over me."

I never eat tongue myself. I had a ceremony performed over me when I was young, and at the end of it I was warned not to eat meat from the head of any animal.

A food taboo which becomes too irksome can be ceremonially lifted, however:

[788] The shaman tells you sometimes not to eat tongue or liver. If you don't want to keep away from this, after four days you cook liver or whatever it was he told you not to eat. Then he comes and marks it with pollen, puts it toward your mouth three times, and the fourth time you eat it. Then it is all right. This removal of the restriction is called "one can eat it again."

755 751 [431] At the conclusion of the ceremony the shaman may present the patient with a curative or protective amulet to hasten recovery and to prevent a relapse. This may be one of the four ceremonial gifts required by the terms of the rite, but more often it is something especial made by the shaman.[19]

[777] [956] Often the shaman gives the woman patient a piece of decorated buckskin to wear on her hair. A turquoise bead might be given a man and a piece of abalone shell to a woman. Sometimes a buckskin jacket or cap is made for the patient by the shaman. Sometimes it is a feather, sometimes a cross. The patient is directed to wear this after the ceremony so the disease will not come back any more. Bags of paint or pollen are sometimes worn for good luck after a ceremony. Different shamans give different things to wear.

756 [431] [778] [782] Before the shaman departs on the fourth night, payment is made to him. Usually an understanding has been reached in advance. Sometimes the gifts are in view during the entire last evening, for supernatural power is well pleased when its ceremony is generously rewarded. More than the agreed amount may be placed before the shaman. Then, because the ceremonialist is grateful to the patient, he is expected to continue to pray for him [578] and ritually protect him. In fact, some resentment may be felt when a shaman does not maintain interest in a case:

[19] In 1909, on the field expedition already mentioned, M. R. Harrington collected a large number of these amulets from the Chiricahua Apache. These objects are now in the Museum of the American Indian, Heye Foundation, in New York City.

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825 deep, so they came back. People tell of homes of the mountain sheep like this too. They see the holes and the trails of the sheep going to them. I have heard of homes of animals in Hot Springs country too.

825 773 796 In this tale and in many others there is no attempt to link the animal home with the Mountain People, but in a description of the place where the first moccasin game was played there is a hint of such a nexus. "At the bottom of this mountain is a hole, a cave. In there the Mountain People live. Inside, it is about eight feet square. There is nothing but deer tracks there. The ground moves there."

It is evident from some descriptions of the Mountain People that they are considered not only the denizens of a given mountain but also the custodians of the wild life ranging in the vicinity. Often the power-acquisition stories have the "holy homes" of the Mountain People richly populated with game animals. The most unequivocal statement on this subject came from an Eastern Chiricahua who said:

All the animals, horses, sheep, come from the mountains. The Mountain People keep them. They take them in at night sometimes and let them out to graze here on earth during the day. R. killed a big buck here. It was cut [castrated]. That shows that the Mountain People make steers too.

776 •782 [798] Anyone who is in the vicinity of a home of the Mountain People, whether he has [illegible] from them or not, sprinkles pollen toward the holy place and prays, "Protect us from enemies and do not let harm befall us while we are near you." Those who are in need are advised to appeal to the Mountain People: "A man who made masked dancers said, 'Any time you are in trouble or in danger from animals, pray to the Mountain People, and they will come from the mountains and protect you.' "

796 787 796 *Life Giver, Child of the Water, and White Painted Woman.*—The nebulous and remote Supreme Being is definitely not the source of any particular ceremony:

If a man felt that he was having bad luck, he might go out and ask Life Giver to help him. A man might get a ceremony of some kind at such a time in answer to his prayer, or he might just be helped out of his present trouble. If he gets a ceremony that will help him right along, that ceremony will come from some other source, like lightning or an animal, and not directly from Life Giver. But his prayer to Life Giver starts it.

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When a person has a special ceremony, from Lightning, for instance, he will pray directly to Lightning and will not call on Life Giver. But many feel that Life Giver is answering through this other source. Life Giver is an old conception.[11] The very old Indians pray this way. Some old Indians who don't know the first thing about Christianity the way the preacher speaks of it, pray this way. . . . . We think of Life Giver as a spirit of no particular sex. We do not attribute deeds to Life Giver. No pollen would be thrown to Life Giver.

Child of the Water figures prominently in religious traditions and ritual. However, it is believed that his work was largely completed when he departed from earth. Though he once busied himself prodigiously with the affairs of man, now he is almost a sky-god, magnificent and rather remote. Occasionally, someone believes that Child of the Water has "talked" to him. One informant was certain that this supernatural was reaching him through the medium of dreams, for instance.

For ceremonial purposes White Painted Woman is the feminine counterpart of Child of the Water, and the time of her direct impingement upon worldly affairs, too, is at an end. Perhaps the most important use of this supernatural in rites now is a symbolic one. For instance, in a certain lightning ceremony the earth is referred to as White Painted Woman. This symbolism proves to be a dramatization of the legend of the birth of the culture hero. Just as lightning strikes the earth today, so White Painted Woman lay down "while the lightning flashed four times and acted as a man to beget Child of the Water. This is why the three are connected, and to this day White Painted Woman is mentioned in the lightning ceremony."

The ideological association between the earth and White Painted Woman is found in more than one context. "In any

[11] Despite this insistence on the antiquity of the conception of Life Giver, a good guess would be that the present position of this deity is a response to European doctrine. The word that has been translated Life Giver can be literally rendered "the one because of which I live." The individual still refers to his personal supernatural power source by that same linguistic form or a slight variant of it. Life Giver is apparently a symbolization of supernatural power as such, the reservoir from which particular power grants and ceremonies flow. The European influence in this greater personalization of diffuse supernatural power can be inferred from the synonyms for Life Giver, which are Yusn (from the Spanish *Dios*) and "He Sits in the Sky."

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231 755 539 It happened at Baharito. We were driving a bunch of wild horses. T. had the gentle horses and some of us younger men were running the wild ones. P.'s horse got his foot in a hole. The horse fell with him. The rope was caught around P.'s knee and he lay like dead with his mouth open when we came up. After the horse fell, it got up and walked a little ways and stood there. I was going to P., but Old T. said, "Get away and don't touch him."[31] So we went away and talked of other things.

T. went to the east side and walked toward him, praying softly to himself. I could not hear what he said. He touched him, kicked him four times under the foot, put pollen in his mouth, and told him to get up. And P. did. T. went back to where the horse fell and got dirt from four tracks and put it in P.'s mouth. Then he got saliva from the mouth of the horse and put it all over P.'s clothes.

231 755 533 539 [126] In recording ceremonial songs, the details of another horse ceremony were learned:

This is R.'s horse ceremonial song. We were driving horses to Whitetail where we were going to brand them. This happened at Whitetail Spring. There were only three horses left in the corral. W. went across. Two others were in there roping horses. The three horses started at once and knocked W. down. He was nearly dead; he didn't come to for three or four hours.

Then R. worked on him. That's how I heard this song. He sang more than this one song, but I just caught this one. If you ever get hurt from a horse, it will fix you up. He used some herbs in his ceremony too. . . . .

These are the words of the song:

The sun's horse is a yellow stallion;
His nose, the place above his nose, is of haze,
His ears, of the small lightning, are moving back and forth.
He has come to us.
The sun's horse is a yellow stallion,
A blue stallion, a black stallion;
The sun's horse has come out to us.

231 789 [533] [782] The horse ceremony is of great importance also in taming wild horses and in securing fresh horses on raids. When it is used for these purposes, the rite is confined principally to songs and prayers.

[777] Some knew how to sing before going on a raid. They sang to corralled horses, so the horses would give them good luck.

[126] Before leaving for raid or war, they often have a ceremony conducted by one who knows the ceremony of the horse. This is so good horses will fall into their

[756] [31] After a mishap with a horse, recovery is speedier if the injured person is not touched until a horse shaman takes charge.

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and I go to the person's camp for two nights. Those who want me to work for them have to give me a black-handled knife.[15] That is the rule: without it I cannot work. They give it to me before the ceremony. When my ceremony can help, even though an owl has frightened a person and he is unconscious the first night, he is supposed to get all right the second night.

I work with ashes. That is part of the power. My grandmother used ashes and nothing else. Before I do anything else I dip my hand in ashes and make a sign of the cross with the thumb and the first finger of my right hand. Then before praying I rub ashes on the patient. I mark the patient with ashes on the forehead, the top of the head, and the breast.

Then I roll a cigarette. The sick person must puff toward the east. In case the person is unconscious, I do it for him. Then I pray to the directions and send his sickness away. On the patient's head there is something that I can see. I see it that way on a sick person. And I see it on the breast of the sick person, something that sticks out.[16] I paint the body of the patient with pollen, on both shoulders and back, going around clockwise. I say prayers to the directions too. I talk to the darkness [owl].

In my prayer to the east I say, "Let no one come back from the east to bother this poor person again." I say this so all bad luck regarding the owl will fly away from the patient. Talking to the owl, I say, "You are the one who has done this. Never do this again."

At the south I say, "The downy feathers of the owl must not come back to harm this person again. Stay away from this person altogether, because you are the one who harmed him."

Next I turn toward the west and say, "This person doesn't want to eat. He has something on his breast. Therefore do not allow anybody to come back to harm this sick one. You are able to restore him as he used to be. For your own sake and his, help him to get up again."

I speak to the north now, and I call on darkness too. "Make this person strong. Help him eat again. Give him life again. And never do this again. Let him live to an old age in this world."

I pray for just a little while, just as long as these prayers last. Then I start the songs. The first song mentions the east and the south. The only words are, "East, in its head, you listen." This is repeated four times. Then I turn to the south and sing, "South, you listen." The second song just repeats, "West, you listen; north, you listen." After these songs everything evil from the heart to the head comes out. The third song mentions the flint cross. I make a low humming noise four times at the end of this song. The fourth song says, "In the

[15] Probably a long black flint or obsidian blade preceded the black-handled knife as a ceremonial present for this rite.

[16] The materialization of ghost sickness as a shapeless black or white object has been mentioned before. The inference is that this is really the ghost or the owl, and sometimes it is said to assume the shape of one or the other.

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morning early, it goes to 'Cut-Grass-Sitting.'" "Cut-Grass-Sitting" is the name of a place. It is called on because the song [ceremony] started from there. It is a place in Old Mexico on the other [west] side of the Rio Grande.

Then I pray again, saying, "By tomorrow morning may all evil disappear and go to the east. May all the sickness that was above the heart in this person go to the west. From now on let him eat again." After this the patient says to me, "I was sick. Now I am well. I never knew you. Now you have made me well. I am well again. I am as I was before. If something like this happens to me again, I will appeal to you."

After the four songs and prayer the ceremony is over for the night. I do this for two nights. The songs and prayers are the same each night. I tell the sick person to put the black-handled knife under his pillow for the two nights so he won't get scared. And I tell him, "Don't eat tongue or liver."

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Summer tanager.—Nothing is said in the following tale of a curing ceremony from the tanager, but it is evident that the bird acted as a guardian spirit:

J. M. tells this one. During his war days when he was young, there was a boy he used to go with, just a young boy. This boy always sang like the summer tanager, that entirely red bird. One time this boy camped out alone and was lost from the group that was out raiding for horses. He was left at a water hole. They were to pick him up on their return. Instead of picking him up, they went right by and left him. He was crying there, for he had little to eat.

While he was crying, something lit in the tree above him. He paid no attention, for he was still crying. Then this bird came to him and touched him on the head. "Don't cry. I have come to show you many things and to lead you to a good country where you will be happy always. All your people are worrying about you because you haven't come back. The ones who left you are already at home. They brought a good bunch of mules and a herd of horses. But there are a few horses and mules left, the ones that they lost on the way. Take them and drive them back. I will go with you. Take my tail feathers. They will talk to you and warn you of danger.

"The ones who left you here are saying wrong things about you to your family. They are saying that you are dead. Your family is going to wait four days and then cut their hair. So be back before four days. I'm going to lead you. Turn this horse loose, catch the others, ride the black one first, then the second day ride the gray horse. There will be seven horses (yours will be the eighth) and two mules."

The boy was shown that he could see at night and see through mountains, and whenever he asked a question it was always answered. He always had the feathers ready in his hand so he could talk to them. The tanager also turned into a man and rode with him.

Before sunrise of the fourth day the people at camp saw someone coming.

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755 262 784 At the conclusion of most snake ceremonies, as in the case of other rites, food and behavior restrictions are imposed:

You must not stir boiling meat with a knife or use the knife as a spoon. If you should lie down flat on your back with your legs crossed, no one should step over your legs. A rope must not be used on a person who has been bitten. In using a rope you must not string it out toward your camp or house. You must always go out the door of the home or tent, not out of the sides. In quarreling you must use no words that have anything to do with the snake. You must not eat the marrow of leg bones. You must not eat meat from the breast of an animal.

751 Often the patient, after an attack of snake sickness, is given a protective amulet:

After you go through a snake ceremony, the shaman may make a bandoleer for you to wear, or give you a stone to wear, or make you an arm band, if you are a man. For a woman he may have a beaded strip which she should wear in her hair. These will make the patients immune so that the snake cannot harm them again.

825 [533] [237] [788] [773] Fewer data exist concerning the place of other reptiles in the ceremonialism. Of the gila monster it was remarked, "I hear it mentioned in the ceremonial songs of old Chiricahua, but that's the only way it's used now that I know of," and of the turtle: "Some shamans use the shell for the giving of medicine. B. gave me some in one. He marked the shell with pollen and gave it to me four times. They say that the turtle shell cannot be hit by lightning." The lizard appears in the myths as a helper of Child of the Water and the small animals in their triumphs over the monsters, and it is considered a potential source of supernatural power.

411 789 [533] [782] *Weapons.*—The ordinary protection afforded by weapons is enlarged, in certain cases, to include supernatural help as well, and a set of songs and prayers known as "ceremony from the gun" (the same word means gun or bow) has arisen. Sometimes this ceremony is called "ceremony against the enemy."

Old Man S. was with Geronimo's bunch all through the war. . . . . He has power from the gun, they say. They say he used to get out on the bank; all the soldiers shot at him and couldn't hit him. One who went to shoot him might fall down or drop his gun; then S. would kill him instead. Another man told me he knows a gun ceremony. He, too, went through all the wars safely. Geronimo is said to have known this ceremony. He never got hurt either. Something always

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411 788 789 Now the bow and arrows (or the gun) are held against the chest, pointing first downward to the left, then upward to the right. At the same time face the east and pray. The weapon is next worked over the right shoulder, across the back, and down to the left hand.

Then the bow string is run through the mouth, and some of the "juice" of the string is sucked off. This is spit into the palm of the left hand, and crosses are made with the juice as before. Then the prayer is repeated.

778 [172] *Sacred places and summary.*—Besides the homes of the Mountain People, places with markings on the walls or on rocks may be considered sacred. "I have heard the old men tell of one cave which has the sun, moon, stars, and Mountain Spirits on the walls. . . . . They pray when they see this."

There are also wayside shrines and places of offering:

[782] It is a pile of rock and stones about four feet high and eight feet wide. There are four holes in the center. The foundation is east and west, and the holes are running toward the east. You pick up a stone or leaves and hold this to the four corners—east, south, west, and north—while you pray. Then you drop what you have in the hole. It's asking a blessing. They take this to be a holy place.

We were on a trip by horse and we came to one of these. The older people told us younger ones what to do. We were on horseback. We rode around the left side of the shrine and dropped the stone in and then came right back. We could have done it on foot too. I have heard ceremonial songs, a long time ago, mention these shrines. The name means that rocks churn about in this place.

[773] [777] One informant ascribed the origin of sacred shrines to the mythological figure, Kantaneiro, who "told the Indians to do this for long life and good luck."

These shrines are now used primarily as a place of contemplation and prayer by persons starting on a perilous trip:

There is a ceremonial place on that mountaintop. The people go there before they leave on a long or dangerous journey. It is believed that, if you go to the place and drop a stone on the pile already there or throw on a sprig of a juniper tree, you will return safely.

128 [787] In a society where shamanism is so broadly construed, to be sure that every possible rite is represented in a collection, it would be necessary to have the perfect confidence of everyone in the community and to work with every adult. What has been presented is admittedly only a sampling. Comments and stories pertaining to ceremonies obtained through supernatural experi-

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is cut into convenient sections. One man tells of his care to keep the meat of the right side separate from that of the left side until the butchering is concluded, but this seems to be personal with him. 224

If a hunter is on foot and far from his camp, it is likely that he will be able to take only part of the kill back with him:

If you are on foot and can't take it with you, you put the meat in a heap, place the hide over it, and say to the animals, "This belongs to Yusn; leave it alone." Then you hang it up in a tree by means of strongly spliced yucca strings. You hang it high enough so that animals cannot reach it. Then you put what you are going to take home in the hide. After reaching home, you go right back after the rest and bring it in. [283]

Another man mentioned a similar procedure, though he invokes a different supernatural:

You put part of the kill in a tree if you can't carry it all at once. It is tied there with strings made from the yucca leaf. There is a little prayer that is used at this time. You say, "This belongs to Hedos."[4] He was the "first man," sort of a religious man. He did this every time he made a kill. Now the Chiricahua do it. [283] [782] [776]

Crow is remembered with an offering. "Then I take the entrails out, put them to one side, and say, 'This is for you, Crow; make me lucky, and we'll have this kind of food all the time. I leave this for you every time.' " [825] [782] [776]

Certain parts of the deer must have special care if good fortune in the hunt is to be maintained: 224 825 779

As a general rule you must take the head home. Somebody might give you bad luck with it if you leave it there. You can do anything you want with it when you get it home, hang it up or anything. You must take the hoofs too. You can do what you want with them when you get them home too. Everybody is directed to do this.

A particular act also attends the bringing-back of the horns of a buck. "They take a slit of the entrails of a buck and tie it on the right horn. I was with M. hunting. He killed a deer and did this. I asked him why, and he said, 'For luck.' "

[4] This is the same supernatural character whose name was given before as Herus (see p. 198). The name is very unstable and has been recorded as Hados and Eyos as well.

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The dance always starts with four men. Four men came from the east to the fire, just as the masked dancers do. They marched abreast in line, not one behind the other. They went around the fire four times like this. Then two got on the south side and two on the north. The singers and the hide that was being beaten were on the west. The four faced each other in two pairs. They danced in place. They danced toward each other, changed sides, turned around, and went back. They did this four times. Then the fun began. Then they sang and everyone shouted. The women from all over made that noise as they do in the big tepee. Now it was anyone's chance to dance who wished to. They didn't crowd forward at first though. 726 535

The other men were dressed just like those first four fellows. They don't paint their faces or decorate themselves especially for the war dance; they come in just plain. Now whoever wanted to dance got out there. They had guns. They put cartridges in. They shot. They said by their actions, "This is the way I'm going to act in the fight." They put cartridges between their fingers. Some put as many as they could in their mouths. [302] [411]

Some men did not dance. They signified their intention of going to war by coming out during the singing and marching around the fire once. It means, "I am going out."

The men doing the dance did not shout. They just made a noise softly under their breath, like, "Wah! Wah!" You can't shout in the war dance or in war. The belief that has been handed down is that, if you shout in battle, many of you will be killed. Those along the sides shout though. [201]

The dance went on. At every song a new set of men came in and the others went out and stood at the side. There were prayers going on over there. Everyone along the side was praying during the dance. When a principal man's name was called, he got out with his men. They get out in squads, sort of. [782]

When just a few were left who hadn't come out, a few fellows who had talked bravely when drinking tiswin, they were called on in the songs by name. All the rest had been dancing and had shown that they were going out. Then they called these last ones by name. They said in the song, "You, So-and-so, many times you have talked bravely. Now brave people at Casas Grandes (or Chihuahua) are calling to you." 726 535 577

If a person who is called like that doesn't come out and make good his boasts, he's considered no man at all. But few men would hold back when they were called like that. They come out the first thing when they hear their names.

When all who were going to the war had danced, every one of them got in there and they all went around the fire four times together, shooting as they went. Then it was all over. 726 535

This dance is also a profound religious experience for the man who takes part in it. "Some who had a spear, hat, and shield made for them through a ceremony danced with them," thus 726 535 782

1:Opler E-5 (1931-1937)1941
(ca. 1870) NT8 Eastern Apache NT8
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726 535 782 [778] making a plea for success and personal safety in the coming conflict. The dance proceeds with prayer and ritual:

> We dance one night and start the next morning. Everyone going on the party had to dance for power. Men puffed smoke to the four directions and prayed: "May I kill an enemy. May I get food."
>
> The war dance lasted for four nights. We danced and prayed for good luck—not to have fun. We wanted to see our enemy and have a victory. This was a very strong ceremony. We asked our supernatural power to let us have the Mexican general or president. We called him by name for four days so that we would capture or kill him. We were always after him and prayed to get him.

726 535 533 The principal singer of the war songs, a patriarch whose supernatural power is connected with raid and war, acts as another link between this dance and the ceremonial complex. A knot of male singers (women do not sing for the war dance) intone the refrain, beating on a piece of rawhide or on pottery drums, and this shaman chants the half-sung, half-spoken prayers. In these prayers, when the other voices are stilled, he calls upon the individual to demonstrate his manliness. One war-dance song contains these words (any name can be substituted for the one that is used here):

> Geronimo, they say to you,
> You! You!
> They call you again and again.

Inspired by the ceremonialism of the occasion, the chosen man responds:

> The shaman is on the side of the circle of seated warriors. He calls in his song on such-and-such a warrior to dance. . . . . He calls on one man after another until all are dancing. . . . . When the shaman calls, there is no backing out. I don't care if the odds are against him, a man goes out if he is called upon. He is frenzied, beside himself. It is the power, the prayers, and not just the man.

726 535 533 561 577 The use of the personal name acts as an exciting challenge to the warrior:

> In the war dance the singer actually calls a man's name. He pretty near has got to go then. He's got to make some kind of a showing. "So-and-so, get up and go to the enemy!" He's got to act when he hears this. He can't very well stay back and keep his self-respect. When we appeal to a man to help, we use his name.

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Another account from an Eastern band member adds to the picture:

> We lived by hunting, fishing, and gathering plants. But we planted corn in May, too, with Mexican hoes that were traded up. The people kept camp near their farms then, tending the corn, watering it, and weeding it. Men and women both did the planting and other work. If the man was busy or off hunting, the woman would do it herself. Corn is a favorite food, because it can be used in a good many ways.
>
> The Chiricahua picked up the trait [of planting] long ago in Mexico. Only some of the families planted corn, but they could share their crop with their neighbors. Only about six or seven families out of the hundred in a big encampment[1] might plant corn, and each family would do it on separate land. Others would help in the work on one of these plots, and then the owner would share the crop with them. The seeds came from the Mexicans, and many didn't plant partly because they didn't have seeds.
>
> We also got beans, chili, squash, and watermelons from the Mexicans, and the Chiricahua learned to plant these. The Chiricahua never specialized on plants--each person who grew any, grew them all in his space. Some of the planted areas were as large as thirty acres, but there were no lines between; everything was free.
>
> If some didn't want to plant, they could hunt. Then they would give their neighbors meat, and the farmer who had a great deal allowed anyone to take what he wanted. There wasn't any buying of things.

A more detailed description of the manner in which corn was planted by the Eastern Chiricahua is the following:

> The corn is soaked all night. Then two or three kernels are dropped in a hole. They say the soaking makes it grow faster. Some plant the corn kernels deep. This is when they are not soaked. When you soak them, you don't bury them so deep. Beans and pumpkin and watermelon seeds are soaked first too.

Agriculture never became so important that its symbols were richly represented in religion or mythology. Occasionally, it is advised that the corncob be put back in the husk to insure an abundant future crop, undoubtedly an extension of the custom of replacing the unused part of a medicinal plant. There is an association of the katydid with crop-raising: "The katydid is an insect the Chiricahua will not kill. We say it helps the crops grow. We pray to it to help the crops grow." In discussing the

[1] It is doubtful that encampments of one hundred families ever existed in pre-reservation days. The informant's estimates of population and of the size of farms seem excessive in this statement.

1:Opler E-5 (1931-1937)1941
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842 monially feeds one egg (now a hen's egg) and the testicle of a rabbit to her client each day. This is accompanied by the throwing of pollen to the directions and appropriate prayers. According to the account, "she does this a few days, and then the woman is with child."

[788] [782]

A ceremony performed by an old woman resulted, one man and his wife feel sure, in the birth of their only child:

> My wife was eager to have children. She didn't do anything about it at first. But four or five years after our marriage we had an old woman perform a ceremony over her. It was held at the camp of the old woman in the springtime of the year, when everything comes to life. The ceremonial woman blew smoke to the directions first. Then she used pollen. The ceremony was prayer mostly. My wife had to eat some chicken eggs.

[788] [782]

Childless marriages are sometimes attributed to male sterility:

> It's not only the rich blood [semen] of a man that causes him to have children. Yusn has made it that way. When it's going to be that way, it's going to be that way. I've heard some men say that, if Yusn doesn't want it to happen, you won't get children.

[826]

Informants have cited cases of the divorce of childless couples, after which the woman has remarried and borne children, while the second union of the man is as unproductive as the first:

> Sometimes each blames the other if there are no children; a woman sometimes holds a man to blame for this and divorces him. Who is to blame is found out soon enough, for they marry others and prove the truth.

[586]

Such instances provide proof that "some men are unable to give children." The sterile man tries to overcome his misfortune. "A man might get treatment [ceremonial] for sterility too."

JEALOUSY AND EXTRA-MARITAL RELATIONS

152 593 586 837 To judge from the number of instances which have been reported, extra-marital affairs are not infrequent and usually lead to tension between husband and wife. "Jealousy and consequent quarreling are grounds for divorce. Jealousy is the foundation of divorce. Women are more to blame than men; they nag more." Despite this pronouncement, actual cases of jealousy seem to be quite evenly divided between the sexes. Of one man it is said:

2: Castetter and Opler N, E-5 (1931-1934)1936
NT8 Eastern Apache NT8
CHIRICAHUA
MESCALERO

The native ideology concerning plants illustrates this conception of the objects of the natural world and the care taken to handle them properly. A plant with smaller ones of the same kind surrounding it is called "a mother and her children." A dried tree is known as "an old lady with grey hair." Some plants are "brother" or "sister" to others. Sotol is considered a male, the "brother" of *Yucca glauca*, the female element of this particular combination. Therefore the transverse pieces at the back of the cradle-board must be made of sotol stalk when the child for whom the cradle is designed is a male, and of yucca when it is being prepared for a baby girl. Likewise is this distinction kept in mind when the fire-drill is fashioned, the hearth being then of the yucca and the drill of sotol. Whenever an Apache digs up a root to be used for medicinal or ceremonial purposes, he always prays and puts the top of the plant back in the hole.

Life and conscious aims are attributed to natural forces as well. The Apache conception of thunder will serve as an example. Thunder is thought of as people and thunderclaps are the voices and shouting of these people. Lightning is the arrow of the thunder people and these arrows reach the earth as the elongated flints which the Apache find throughout their territory. At one time the thunder people hunted for the Apache and slew deer for them with these arrows. But those days are past and now the arrows of the thunder people are reserved for any who act disrespectfully to the thunder people or otherwise disobey the injunctions of Apache life. When the lightning flashes, the Apache says, "Let it be well, my brother Lightning," or "Strike high, my brother." When the lightning hits close the relationship is altered to make the prayer more appealing and the Apache says:

> Continue in a good way.
> Be kind as you go through;
> Do not frighten these poor people;
> My grandfather, let it be well;
> Don't frighten us poor people.

2: Castetter and Opler N, E-5 (1931-1934)1936
NT8 Eastern Apache NT8
CHIRICAHUA
MESCALERO

252 [412] to chop off the leaves, two being left for tying the crowns together, thus making transportation more convenient. The naked crowns are bulbous, white in color, and from one to two feet in circumference.

Pits in which the crowns are baked are about ten to twelve feet in diameter and three or four feet deep, lined with large flat rocks. On the largest rock, which is placed in the center, a cross is made with black ashes. Rocks are piled on the flat stones, but care is always taken that the 252 824 top shall be level. Upon this, oak *(Quercus* sp.) and juniper wood *(Juniperus* sp.) are placed. Before the sun comes up this is set on fire and by noon the fire has died down.

On these hot stones is laid moist grass, such as bunch-grass *(Sporobolus airoides)*, side-oats grama *(Bouteloua curtipendula)*, Texan crab-grass *(Schedonardus paniculatus)*, big blue-stem *(Andropogon furcatus)*, mesquite grass *(Muhlenbergia wrightii)*, marsh foxtail *(Alopecurus aristulatus)*, *Muhlenbergia neomexicana*, or the leaves of bear grass *(Nolina microcarpa)*, but bear grass is usually preferred since it does not burn readily. The largest mescal [788] crown is selected and a cross made on it with tule or cat-tail pollen *(Typha latifolia)*, when this is available, the pollen always being placed on the crown from East to West and 252 from North to South. The Indians then pray. Holding the [782] large crown toward the opening of the pit four times, they toss it in and throw the other crowns in after it. Next they have the youngest child present stand at the east of the pit and throw four stones into it. It should be made clear that this little ceremony held at the time of baking varies among different family groups and the above description should be regarded as one of a type rather than a fixed performance. After the mescal has been covered with the long leaves of bear grass and the whole with earth to a depth sufficient to prevent steam from escaping, the crowns are allowed to bake the rest of the day and all night. Early in the morning the [27] pit is opened and a crown examined and eaten. The pit is [784] again closed and the Indians refrain from drinking until [821] noon of this day so as to prevent rain.

2: Castetter and Opler N, E-5 (1931-1934)1936
NT8 Eastern Apache NT8
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MESCALERO

The crowns of this species were gathered any time from the middle of March to the end of summer, the portion of the stem from the ground to the leaves being peeled and baked overnight in an underground oven in a manner similar to that in which mescal was prepared. The yellow-to-brown baked product was known as *nigahe*. After being dried in the sun, broken into pieces, and softened in water the rather sweet product was ready to be eaten. The tender central leaves of the related datil *(Yucca baccata)* were cooked in soups, boiled with meat, and used in various similar combinations.

The large flowers of the narrow-leaved *Yucca elata* were also boiled and eaten as a vegetable, but the less palatable ones of the broad-leaved *Y. baccata* were eaten only if they could be obtained before the summer rain, since the Apache maintain that they are bitter thereafter.

The fruits of several species of Yucca were also utilized as food. The somewhat banana-shaped fruits of the datil *(Y. baccata)*, as well as of the palma *(Y. macrocarpa)* were gathered before they were fully ripe, laid on grass *(Andropogon furcatus)* on the ground, covered with the grass, and allowed to finish ripening in the sun. After roasting in hot ashes the hard black covering was stripped off, the fruit split lengthwise and the seeds removed. The white pulp was then ground and made into large cakes, which might be stored indefinitely. Frequently the roasted fruit was pounded to pulp on an animal hide and allowed to drain in a basket placed over a pan. The juice might be drunk or poured over and mixed with the cake pulp, making the latter soft and sticky as well as aiding in preserving it. In either case the pulp was spread on Yucca leaves to dry for two days in the sun, being always adorned with sunflower blossoms to "make it pretty." The Indians prayed while placing the sunflowers, the ceremonial significance being that the sunflower was used as a symbol of the fructifying influence of the sun, and this use constituted a prayer that the sun continue to make the yield plentiful year after year. The Mescalero Apache tell of a Yucca which grows near El Paso and has a "white" fruit and sweet sticky buds. They were

3:Opler E-5 (1931-1937)1946
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out. They had pollen and said, 'Stick your tongue out. We'll cross your tongue with pollen and then anything you say you want to happen to a person, like wanting him to be killed, will happen that way.' I said, 'Go away, leave me alone! I'm a poor man. If it doesn't do good for my people, I don't want it.' I refused it, and they all opened the door and went out. But the next day the door was locked."[3]

He said, "That's why a witch will say, 'All right, if I'm a witch, find it. Take it out and I'll admit it.' You'd have to take his tongue out. You can't find it on him, but it's there."

That's what he told me, but I doubt that he refused it. Some say he is a witch. Everybody knows his father was a witch.[4]

2. *The Leader Who Refused to Sacrifice a Man to His Power*

This is a story of the early days. This man was a great warrior. I've forgotten his name; my father knows it; all the old men do. This man was a great shaman in the right way, otherwise he would not have done what he did. This man was leading man of the warriors. He had charge of a big group of them. He seemed to know through his power what was going to happen.

One time his power said, "In a day or so you are going to get into action against the enemy. I have helped you in many ways with beneficial power; now you have to do it the way I want it. I want the bravest man in your group. I want you to give that man to me to be killed."[5]

[3] Pollen, especially pollen of the tule, is much used by the Chiricahua in ceremonial contexts. The cross, symbolizing the four directions, also appears frequently. Power, either for good or evil, may be accepted or rejected by the individual approached. Witches are usually charged with using material objects, such as the bones and hair of the dead, in their nefarious enterprises.

[4] This man was most indiscreet to admit that evil power had been offered to him. Witches and witchcraft are so generally and irrationally feared that even to hint of exposure to such temptation may make his friends and relatives uneasy and suspicious. If public opinion ever turns against him, his account may be distorted and used to his disadvantage.

[5] To control much supernatural power is not always an unmixed blessing, the Chiricahua believe, for power, after helping a shaman for an extended

3:Opler E-5 (1931-1937)1946
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He answered, "I will do no such thing!" He was a brave man himself. He got angry at his power. He said, "What were you from the beginning when you first spoke to me? I like to see my people increase in population with what power you give me to help me along. I love all my men, my warriors. They want to live in the world as long as they can. I love all these people, women and all. If you were a witch from the beginning, why didn't you tell me? I don't like witch people; I won't have witches talk to me. You promised me that it was all good for my people and myself." You didn't say that I'd have to give my people every now and then." He was arguing with his power, you see.

The power told him, "I have helped you a lot. I have gotten you out of danger and helped you in many other ways. And now I merely ask you for a man to pay for that, and you won't let me have one!"

The Apache said. "That's all right, I guess, but my habit is not that way, and I'm not going to do it. If you mean to save yourself a whole lot of trouble just take me. I love all the men. What have they to do with this power? If you want to take anyone or have anyone killed, take me."

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period, may one day ask for "payment." Such payment might include a request that a relative or friend of the shaman be sacrificed. The complicity of the shaman, then, amounts to failure to warn the friend of the impending disaster or failure to use his influence over his power to dissuade it from the deed. The power works obliquely and takes its victims through sickness or during battle.

[754] "The shaman is hinting that this power must be evil rather than good. The Chiricahua conceive of the duality of supernatural power. Power may be used for good or for evil. In the latter case it is considered witchcraft. The impetus for the use of power for evil may come from the power itself, as in this story, or from the shaman. Sometimes a shaman will not consent to act as a tool of evil power; sometimes a source of power will desert a person "through whom it works" because that person wishes to use it in unsavory connections. For a summary of these beliefs see Morris Edward Opler, "The Concept of Supernatural Power among the Chiricahua and Mescalero Apaches," *American Anthropologist*, vol. 37, no. 1, 1935, pp. 65–70 and *An Apache Life-Way*, Chicago: University of Chicago Press, 1941, pp. 242–257.

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They were talking during the day. The power said, "All right, I'll give you tonight and all day tomorrow. Tomorrow night you tell me what you are going to do."

The next day he called all his warriors and all his group together and all gathered around him. He said, "My brothers and sisters, what I have known for you people I thought was good. But at last I find out it is witchcraft. Last night I was fighting with my power. In another day or so we are going into battle. And my power told me to give up one of the very best warriors, the bravest man, the best man. I told my power, 'I will not do it. Just take me. If this ceremony is evil why didn't you tell me in the first place?' Power is angry with me, and I'm angry with him. My power told me to answer today or tonight and tell what I'm going to do."

He promised those Indians he would not do what the power requested. He said he'd rather pay the death himself. He said, "In a day or so we're going into battle. I may be killed then, for I will not give up one of my men. We've got to have this battle. We can't escape it. And I'm going to pay the death myself, but no one else will get hurt. Go ahead and fight the battle." He was a brave man.

Night came. He began to dispute with his power again. He wanted his way and Power wanted his. Finally his power said, "Well, then, I'll take you."

He said, "All right, for you're not going to have your way."

So the next morning he told the Apache again that he was not going to live more than a few days longer.

After another day or so they got into battle, so they claim. It was a hand-to-hand fight with guns, close. All the Indians fought faithfully. They killed many of their enemies. This shaman was the only man killed on their side. He was shot right in the forehead. That happened a long time ago.

3. *Old Dick Cures His Friend*

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There was a man who had power in a different way. He, too, could heal in many ways and he performed his ceremony against

3:Opler E-5 (1931-1937)1946
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The seventh night when Dick got back to his camp he got after his power. The power said, "Don't get after me for a little thing. I know what's the matter with him. I know what to do for him. He's all right. He's not going away. His power put him in trouble. He can keep that or throw it away, but he can also have me if he wants to, and he and you can practice this ceremony and do good among your people."

Then on that seventh night Dick studied it and sent his power that night. Then they saw Tuisga sitting up. He was much better. They called for Dick. He knew what it was. When he came into the house he marked the house with pollen, marked the people present, and marked Tuisga.[11] At daybreak Tuisga was lifted up by the power.

While this was being done Dick was praying. He prayed and prayed and said, "All present, don't become frightened. You'll see something with your eyes." Then from high up you could hear something falling. It came from the sunrise and hit the roof. The house trembled.[12] They heard an object hit on the south side. The house moved. Then from the west side an object fell. The house seemed to quiver. Then from the north side, and they thought the roof was coming off this time. All were quietly praying.

Then Dick did something else. He asked that flour gravy be brought and given to this man. Tuisga was very hungry and weak. He hadn't eaten for sixteen days.

"Now," said Dick, "I'm going to sing one song with four verses, and everybody is going to dance whether he likes it or not.[13] And you women can call when you hear White-Painted Woman and Child-of-the-Water mentioned at the first verse.[14]

[11] Pollen, usually obtained from the cattail tule and symbolizing health, growth, and vitality, was a most sacred substance for the Chiricahua and was omnipresent in ceremonies. Marking the patient, the people, and the place with pollen is an act of blessing and purification.

[12] The Chiricahua Apache ceremonial circuit is sunwise, beginning with the east, the most important ritual direction.

[13] The dance may function as a prayer in Chiricahua ceremonialism.

[14] The ceremonial call of the women is a high-pitched ululating cry.

4:Opler E-5 (1931-1937) 1947
NT8 Eastern Apache NT8
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756 778 787 825 A real shaman is one who considers that something talks to him, that he has a ceremony through sun, moon, star, lightning, or cyclone. I hear many say this. I said to one woman, "I hear you are a shaman." "Yes," she said, "the horse gives me power to do supernatural things. The one who speaks to me, the horse, lays down the rules." Some people, when they say "the one who speaks to me," may be talking of the spider, the deer, or the coyote. Geronimo sang coyote songs and had curing power from Coyote.

778 825 787 Power is obtained from all the different animals and birds, from the coyote, cattle, horse, and other things. They all have songs and they all have ceremonies. The Chiricahua get power from Crow, Eagle, Humming Bird, Cardinal, and other birds too. They used to say that power talked to them all the time, but you don't hear that so much now. Wolf power makes you strong. Bear power makes you strong too. Some get power from the sun and moon also. When you get it from these you can see all over the world, they say. These shine on everything in the world; that's why. And Morning Star and Evening Star are great things too, they say.

821 778

In the old times there were those who believed they had power from the stars, moon, sun, wind, and clouds. Many believed that these are the best source of power. People can get power from the whirlwind too; the whirlwind has life. All these things are prayed to, and pollen is thrown to them by those who know them. All the stars that are recognized are thought of as personalities, embodying someone who has supernatural power.

[782]

821 825 778 A person can get power from the snake, deer, eagle, hawks, and insects with a stinger. Power also comes from the sun, moon, stars, wind, thunder, and Mountain People, and even from small animals and bugs and ants.

Power can come from lightning, thunder, horse, bear, fox, snake, wind, sun, star, rain, Water Monster, Controller of Water, eagle, crow, insects, owl, and everything you can think of.

Sometimes the power takes the form of an animal . . . a horse, a deer, an antelope, a bear, or any other animal that has four legs, such as a coyote. The deer has life; the horse has life . . .

4:Opler E-5 (1931-1937)1947
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you. If you see that it is a real power, take it. If it is earthly and little, don't take it. It will be of great use to you if it is a real power. 787 778

The instructor will try to make him see how to tell what is great and what is little. He will say, "Such a power spoke to me when I was young, but it was nothing; I did not take it. But another power spoke to me and it was great." Yet the young man has to decide for himself whether a power is worth while when he hears something, for nobody can tell for another person whether what has spoken to him has worthwhile power or not.

Nor can a power grant be induced by desire or special modes of action. The ways of power and its reasons for preferring some of the persons it approaches are sometimes inexplicable.

It's just like this. There is an English-speaking Indian here. He grows long hair and tries to live the way we did in the old days. He has been carrying turquoise around and everything. He wants to be a big man in ceremonies, that's why. But he doesn't amount to anything. [156]

We can't do anything about it by ourselves, you and I. We might not believe what some others claim about their experiences. We might be sitting here saying, "It's all a lie." Then a spirit might talk to us. Then we'd believe. We'd say, "Well, it happened all right." And we'd have to believe it. We might not believe some man who claims that something spoke to him, and he might be telling the truth. You've got to watch and see which man's power is good.

(See also *An Apache Life-Way*, pp. 202–3.)

Once an understanding is achieved between a power source and a shaman, the Chiricahua derives many benefits. One of these advantages is that the power often acts as a guardian spirit to warn of dangers or to advise concerning undertakings. A shaman seldom initiates anything important without praying and singing to his power and waiting for a sign or a response. This, for example, is the pledge a power source made to a shaman at the time their association began: 756 787 778 [782]